



Parenting & Family Support Service

Specialising in supporting parents with intellectual disabilities and their families

About Us

We are a team of social workers and allied health professionals working alongside parents with intellectual disability in their journey as parents in Brisbane and Moreton regions.

Our Focus

We work alongside parents, their children and supports, to foster safe and healthy family connection.

We provide therapeutic, educational, and practical supports, to enable parents to build their skills and knowledge to parent, create safe environments, speak up safely, and navigate systems and support.

We tailor interventions for the individuals' unique context and learning style and support parents and their families in places and ways that work for them.

Our goal is for all parents to feel confident and empowered to parent their children in ways that nurture safety, wellbeing, connection and belonging.

Our Practice

- ✓ Trauma & disability informed
- ✓ Parent Centered Child Focused
- ✓ Child safe
- ✓ Relationship based
- ✓ Holistic
- ✓ Collaborative
- ✓ Evidence based therapeutic, educational, and practical interventions.

What We Do



Early Intervention

We provide healthy relationships, reproductive rights, pregnancy, and early parenting, with a focus on young people transitioning from care and young people who may have limited support or face increased risk.



Supporting Families

We support parents to navigate the changing challenges of raising children, build their knowledge, and keep their families healthy, safe, and thriving.



Supporting Care Arrangements

We work alongside parents, foster and kinship carers, and Child Safety to navigate alternative care arrangements by building relationships and tailoring support to each family's unique context to improve outcomes for children.



Groups

We run a weekly group for parents with intellectual disability that combines parenting skills, psychoeducation, peer support, and building confidence to speak up safely.



Sector Development

We provide professional development for the child protection, family services, maternal health, and disability sectors, delivered in partnership with parents with lived experience and grounded in evidence-based practice and research.



Community Living Association works on the unceded lands of the Turrbal and Jagera Peoples of Meanjin. We acknowledge Elders past and present and recognise connection to land, waters and communities. CLA Inc. is committed to working alongside community to address the ongoing impacts of colonisation.



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5 Nundah St, Nundah, 4012



www.communityliving.org.au



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Parenting & Family Support Services

Easy English

About Us

- We are social workers.
- We work in the Brisbane and Moreton Bay area.
- We work with parents who have an intellectual disability.
- We support you, your children, and the people who help you.
- We take time to get to know you and your family.
- We learn what works best for you and how you like to learn.
- We can meet you in a place you feel comfortable.

What We Do

Everyone and every family is different. What we do will be different for each person, but here are some things we can help with.



Support with parenting



Keep families connected



Support with pregnancy



Keep families safe



Learn new things



We run groups



Healthy relationships



Knowing your rights



Build your confidence



Supporting parents with carers and Child Safety



Understanding and managing emotions



Training workers alongside parents



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