

# NDIS CAPACITY BUILDING SUPPORTS (CLP)

Experience working with people with intellectual and cognitive disability(s) and associated social disadvantage

Our existing ARROS, BEROS and Community Connections programs work with people with complex needs

We have extensive knowledge of, and links to, services in Brisbane and Moreton that can deliver individual supports to NDIS participants.

Our CLP workers are experienced social workers and human services professionals.

We are committed to quality, face-to-face NDIS services that offer choice and control for people with intellectual and cognitive disabilities, who face complexity in their lives; including:

- ♠ life-stage changes and transitions
- experiencing marginalisation and/or isolation
- experiencing other social disadvantage.

## CLA's 30+ years experience primes us to offer NDIS-registered services in:

- capacity building
- post-school services
- therapy and counselling
- support coordination
- plan management

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# NDIS CAPACITY BUILDING SUPPORTS

Working with people with intellectual/cognitive disability and complex needs:

- experiencing psychosocial disability
- transitioning into adulthood
- have aging carers
- involved in multiple systems
- exhibiting challenging behaviours
- parenting their own children.

Our strong framework and relationships with other services translate to effective NDIS services focused on capacity building that delivers results. We have been strong advocates for marginalised people.

### **KATE'S STORY**

Kate\* has an intellectual disability, a sexual abuse history and grew up in institutions. Her behaviours meant that many services would not work with her. When she came to CLA she was homeless.

CLA was able to help Kate to find support to sustain tenancies to overcome her homelessness and teach her valuable life skills. We facilitated a relationship with legal aid and linked her to a service to begin addressing her health and literacy issues. This relationship increased her capacity in problem solving, self care and reduced her vulnerability to exploitation.

\*Not real name

#### Related work

- Partners in Queensland Disability Network's now completed 'On the Grid' program to engage people on society's fringe with NDIS
- Industry partner in 'Lost in Transition': A three-year research program with three universities to identify the best response to young people with complex needs in transition
- Successful case work with young people with disability transitioning from Out of Home Care via our ARROS program
- Outreach program (BEROS) to young people in child safety who are self-placing

